



Huntington's
Disease
Association

Mental Health Guide

Our mental health guide is
currently under review.

Here are some helpful resources:

Webpages:

[HuntingtonsInMind resources](#)

[How we are campaigning for access to
mental health services](#)

[Visit our help for Professionals page](#)



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Recorded Webinars:

[Dr Akshay | Mental health in
Huntington's disease](#)

[Sarah Gunn | Huntington's disease
psychological strategies](#)

Live Events

[Visit the events page](#)

Get in touch

For advice and support or
to speak to a Specialist
Huntington's Disease
Adviser

Email: **info@hda.org.uk**

Phone: **0151 331 5444**

www.hda.org.uk

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Inspired by our community