

## Working together

The Huntington's Disease Association offers advice and support to families and healthcare professionals.

It strives to improve the understanding of Huntington's disease and its implications to decision-makers, healthcare professionals and the general public.

The Huntington's Disease Association organises events, training days, webinars and a conference and Annual General Meeting for families and professionals.

They have branches and support groups across England and Wales where all volunteers play a vital role. They advise, support and befriend those in need, link with others in the community and replace isolation with a sense of belonging.



## Contact us

### Email

hullhdabbranch@gmail.com  
Facebook - @HullHD

### Branch Chair

Christina Taylor  
07852 009 983

### Specialist Adviser

Justine Duffy  
justine.duffy@hda.org.uk  
01282 501 873

Our **Helpline** is available Monday - Friday  
9am-5pm.

You can also contact your local Specialist Adviser or Youth Worker who can offer advice and tell you what help you might be able to get in your local area.



[www.hda.org.uk](http://www.hda.org.uk)



0151 331 5444



[info@hda.org.uk](mailto:info@hda.org.uk)

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Huntington's  
Disease  
Association



## Huntington's Disease Association

*Hull and East Riding  
Branch and Support  
Group*

We are here to provide peer support to  
you, your family and your friends.

## What is Huntington's disease

Huntington's disease is a hereditary condition caused by a faulty gene in your DNA - the biological 'instructions' you inherit which tell your cells what to do.

It affects the body's nervous system – the network of nerve tissues in the brain and spinal cord that coordinate your body's activities. This leads to progressive deterioration – physically, cognitively, and mentally until the individual becomes dependent on the help of others. Symptoms include motor (movement), mental health (for example mood) and cognitive (for example learning and thinking) disturbances, which in the majority of cases appear in mid-adult life.



## What do we do?

Our group can offer the following:

- Provide friendship and support to local people affected by Huntington's disease
- Hold monthly meeting and social events
- Run room get-togethers
- Can provide welfare grant funding
- Have a WhatsApp group to keep in regular contact with one another and to share information and offer support
- Put on fundraising events and activities

## Sounds good?

Whether you are a carer, family member, are living at risk or have tested positive with Huntington's disease, please contact us for details about our meetings.

## Fundraising

Every penny helps us to help you!

We can offer grants of up to £350 per year, per individual affected by Huntington's disease. There is a criteria for this, you can find out more information by contacting us directly.

To fund this, we carry out our own fundraising activities each year, including: car boot sales, craft sales, bucket collections and more.

If you would like to be involved or support our branch, please contact us.

