Huntington's Disease Association

Give 5 minutes to change your understanding of Huntington's disease

Huntington's disease is an all consuming genetic condition that runs in families.

If a parent has the disease, their child has a **50%** chance of inheriting it

30–50

Symptoms usually start showing between the ages of **30** and **50** years old

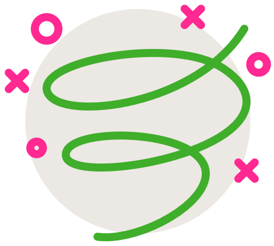
Affects both men and women

It is progressive, meaning symptoms will get worse

It changes the whole person – you lose control of your movement, your memory and your mood

Everyday tasks such as shopping can become difficult

It is life-limiting. There is no cure



People can get mistaken for being drunk or on drugs

Over **8,000** people in the UK have Huntington's disease – that's **1** in **10,000** people

32,000

people are at risk of inheriting it.

How we support people with Huntington's disease

Specialist advisers who help with

- Providing advice and emotional support
- Coordinating support with medical, health and social care professionals
- Making referrals to specialist Huntington's disease clinics
- Educating medical, health and social care professionals, meaning better diagnosis and ongoing care
- Organising and attending local support networks and carers' group meetings
- Providing information resources on symptoms and how to manage them
- Giving support for sensitive end-of-life care

Services for professionals working with Huntington's

- Training for Health and social care professionals
- Specialist accredited training for care homes
- Resources for professionals

Other services for the community

- Youth Engagement Service – HDYES working with children and young people
- Juvenile Huntington's disease family weekends
- A listening ear with our telephone helpline
- A message board – with peer to peer support
- Welfare grants
- Local branches and support groups
- Monthly carer groups
- Information about Huntington's disease and resources to support anyone affected by the disease across website, social media and mailings
- Supporting research projects
- Up to date information on drug research trials
- Advice and stories from others in the Huntington's community
- Monthly webinars covering relevant topics – available to watch anytime on YouTube

Accessibility and Language

Our website has an accessibility tool that allows you to translate text into another language as well as alter fonts, colours and sizes of text to suit your needs.

If English is not your first language, or you would just prefer to talk to us in another language, you can call **0151 331 5444** and ask to speak to us through the interpreting service Language Line.

Together we will build a better life for anyone affected by Huntington's disease

Give 5 minutes – learn the facts
Huntington's Disease Awareness Month

hda.org.uk