

Mental Heath Guide

Our mental health guide is currently under review.

Here are some helpful resources:

Webpages:

HuntingtonsInMind resources

How we are campaigning for access to mental health services

Visit our help for Professionals page



Webinars:

<u>Dr Akshay | Mental health in</u> <u>Huntington's disease</u>

<u>Sarah Gunn | Huntington's disease</u> <u>psychological strategies</u>

Events

Mental Health course for professionals 20 March 2025

Visit the events page



Further help

Get in touch

For advice and support or to speak to a Specialist Huntington's Disease Adviser Call: 0151 331 5444 Email info@hda.org.uk

Search your local area for an Adviser

www.hda.org.uk