



**Huntington's
Disease
Association**

Staying safe online during HDPlay

It's important to stay safe whilst having fun fundraising for HDPlay. To help you game safely and responsibly, we've put together the following tips:

- Participants under 18 must obtain permission from a parent or guardian before taking part in HDPlay.
- Never share personal information online, including your home address, phone number, email address, banking details, passwords, or any other sensitive information.
- If you choose to use a camera, take care not to reveal your location or any identifying information. Always check what's visible in the background.
- If you experience negative comments, harassment, or trolling, use the platform's reporting and blocking functions. You may also wish to ask someone you trust to moderate your chat, the Huntington's Disease Association is not responsible for moderating your stream. If you feel unsafe or uncomfortable, end the session immediately.
- Follow the community guidelines and terms of service for your chosen gaming or streaming platform. Remember, while fundraising for the Huntington's Disease Association, you are also representing the charity and helping to create a positive and inclusive environment for everyone involved.
- If your content may not be suitable for younger audiences, use any available age-restriction or mature content settings provided by the platform.
- If you are taking part in a gaming marathon or extended gaming session, take regular breaks away from your screen. Keep water and snacks nearby, move around regularly, and avoid gaming for long periods without rest.
- If you feel unwell, excessively tired, or experience any physical discomfort, stop your fundraiser and seek support if needed. Your health and wellbeing always come first.

